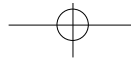


UNITY

*The Dawn of
Conscious Civilization*



Maitreya Ishwara

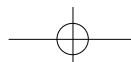


For Paul Koziy and Pete Maclean
who helped make this book possible



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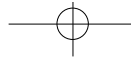


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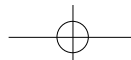
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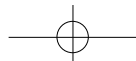
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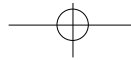
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Book One
***Divine
Transmissions***





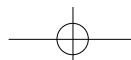
The time has come to redeem the concept of religion from the disrepute it has accrued through millennia of blind belief, and to reinstate its true meaning of authentic spiritual enquiry.

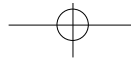
The time has come to reclaim our understanding of God from the divisive distortions of the past and to know Him as He really is now.

God is the divine life force in you and in everything: the love in your heart, the awareness in your mind, the ecstasy of your soul's conscious reunion with Him. And ultimately, God is the unknowable transcendent mystery of the beyond.

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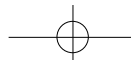


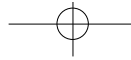


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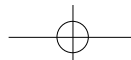
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Part One

Messages for Christians



Introduction

This book is a gift from God to help awaken your passion for truth and to introduce you to authentic religious enquiry and understanding. The time has come for everyone to understand the way God has arranged the circumstances of human life. The hypothesis of this book is: God is all there is and I am part of Him.

Authentic religion requires an experiential enquiry into your inner world; a longing for truth is essential. To be authentically religious you need a passion for verifiable truth that is grounded in reason, and the courage and commitment to face yourself consciously with an open mind.

You are not being asked to change your beliefs but to abandon unverified belief and apply reason and direct experience to religion. Unverified belief is a barrier to truth.

God or absolute truth is not what you think or believe. The ultimate truth cannot be conceptualized. When your mind is fully aware and silent you discover the nondual truth of divine consciousness, beyond all trace of thought, belief and projection.

God is both all that exists and the eternal transcendent mystery beyond the universe and space-time. The way to know Him directly is to merge with His light by conscious surrender to life-as-God and through the practice of self-enquiry, unconditional love and meditation.

As the evidence of intelligent design continues to grow, more and more scientists are convinced that God exists. Now it is time to accept the challenge and to become an inner scientist, a passionate seeker of truth.

Foreword

My name is Maitreya Ishwara. It means friend of God.

God gave the name to me in 1997, soon after He made verbal contact and informed me that I would be used to share His new message of spiritual, planetary and social transformation.

This book is the first in a trilogy that God has used me to write. God, the source of existence, or Source, is the author of every word. I am just a messenger, transcribing His words.

The other two books in this anthology, 'Biography of a Buddha' and 'God's Vision', provide a comprehensive delineation of the ideas introduced here and may answer any questions raised by Book One.

Since 1995 I have been living in the indescribable joy and wonder of enlightenment. The love, consciousness and bliss that shower on me every day are truly sublime. My nervous system has been expanded to accommodate divine ecstasy and energy to an unusual degree.

Without this expansion, which has developed through many years of immersion in high awareness, this body would not be alive today. The intensity of the divine light that I enjoy fully would melt the nervous systems of all but a handful of enlightened beings. Yet I make no claims to any individual power, for I know that this ecstasy, awareness and love are a showering of divine grace.

My everyday experience since 1997 is that Source alone speaks through me and animates my every move. My sense of individual functioning has been replaced

with divine animation so that I can be used as a clear channel for God's vision for the third millennium, a vision of a conscious civilization based on a holistic religion of Unity.

The message is positive: the end of violence, injustice and cruelty; the beginning of a new age of peace, justice and harmony.

Given our diversity of spiritual beliefs and approaches, Unity has a challenging mandate: to create a rational and unifying context that enables all religions and systems of transformation to reach a shared understanding.

This understanding must embrace a multitude of contradictory positions; it must engender respect for pluralism and supply a common ground of agreement that is free from the possibility of human distortion.

Unity is destined to fulfil its mandate and provide us with the basis for the conscious civilization that is poised to unfold very soon. Be prepared for a miracle.

Unity's message has four distinct aspects: predictions for the future that only time will validate; cosmic knowledge that we can neither verify nor disprove; conceptual knowledge that can be understood by applying reason; and most importantly, methods of individual transformation that must be validated through direct experience.

Enjoy the first two aspects as a good story that may be true. Develop an accurate conceptual understanding and remember: only non-conceptual direct experience of truth promotes spiritual growth.

Divine Life

Twice every day, I share satsang (being in truth) in our New Zealand centre or in other places around the world. We meet for silent meditation and to talk, laugh and sing together. Helping friends to grow in consciousness and love is my greatest satisfaction.

I am English by birth but I share the Indian passion for moksha - freedom from the limitations of body, mind and soul. Most of my spiritual training and discipline in this life is deeply influenced by Shiva, Buddha and Osho.

These fully enlightened Indians know the mystery of the ultimate human consciousness - nirvana, a state of divine dissolution in transcendental awareness.

Jesus did not teach meditation, nor did he mention the realms of higher consciousness. Jesus taught love for humanity, prayer and devotion to God.

I did not embrace my religion of birth, Christianity, as I was destined to travel on the Indian path to truth. I am a little surprised that God is using me to share His messages with Christians, for I have had no significant experience with their approach.

Holistic religion requires a synthesis both of Jesus and Buddha, of love and awareness. The divine messenger of God as love must be balanced by the transcendental awareness of nirvana, the ultimate state of consciousness. Love and awareness are the two wings of Unity.

The penetration of love by awareness brings both of the qualities to new peaks, and gives birth to the third divine quality of playfulness - the essential antidote to the

serious religions of the past.

Unity rests equally on Jesus' four beautiful words: 'Thy Will Be Done' and on the refined awareness and insight that only silent meditation can reveal.

I am blessed with having God as a personal friend. To be used as His messenger for Unity is a great wonder, joy and honour - and being a fellow messenger gives me a deep understanding and empathy with Jesus.

Both meditation and surrender to reality are supported by the understanding of advaita that God and existence are fundamentally one indivisible consciousness.

God creates everything from Himself. God creates the universe from His ultimate reality of transcendental consciousness. God is all there is and you are already part of Him. All of life and existence is literally divine.

Yet the basic theme of the divine play is of separation and reunion. Humans are bound by their bodies to the world of matter and separation.

The apparent contradiction between the separation of the physical realm and the unified consciousness of the ultimate reality is essential; without this dynamic tension life would have no contrast. Contrast is the essence of every good story and God is the ultimate story teller.

God is also referred to as Source. Many people prefer this simple and accurate designation of the eternal divine mystery that is the source of existence.

The Power of Love

Followers of all religions are convinced by God that their prophet or teacher is special and superior to others. Shiva and Krishna are worshipped as divine incarnations. Jesus is deified as the only son of God. Mohammed is believed to be the final messenger of God. Buddha has attained nirvana, the ultimate state of consciousness.

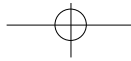
This divine device of chauvinism has set the stage for the conflict and violence between religions that has characterized much of the last 4,000 years.

Jesus, Krishna, Shiva, Buddha and other teachers are believed to have miraculous powers. However, God-the-beyond is the one and only power and all events are His doing. All teachers are His instruments.

When Jesus was fasting in the desert for 40 days and 40 nights, God pretended to be the devil and tempted His young messenger with all the kingdoms of the world. Jesus was destined to pass the divine test and say: 'Get thee behind me Satan.'

Perhaps God did not reveal to Jesus that the devil is just one of His infinite number of disguises. Certainly, many Christians believe that the devil is responsible for the evil that exists in the world and that Jesus is still fighting his ancient foe.

Humanity is poised on the threshold of dramatic global transformation. The division that God creates by pretending to empower spiritual teachers or by impersonating the devil is about to cease. The understanding that God is the one and only power soon will be revealed to every soul.



With the flowering of this understanding, everyone will still be able to connect in love with their favourite human teacher. For there will always be a need for seekers to receive support from a divine friend who is closer to them than the eternal void of intelligent awareness that is God-the-beyond.

Perhaps in those future days of oneness in God, there will be some relinquishing of departed divine friends as we understand: all teachers are instruments for the One.

Millions of people are helped by their love for Jesus and other departed teachers but the apparent power of Jesus or any disembodied soul to help anyone is a divine illusion, created by God to help perpetuate the divisions of the age of darkness. This includes all disembodied masters, entities, guides and angels that speak through channels. No soul has ever had any individual power, and no soul ever will.

After spiritual teachers have left the body, their capacity to be used as a channel for divine energy diminishes. God does not require disembodied teachers for energy transmissions. He uses living buddhas for that. Living enlightened beings have the capacity to channel divine light in a way that is deeply transformative for seekers.

Nor does God require disembodied teachers to guide people through channels. God is already guiding seekers directly through the words of living teachers and indirectly through your intuition, thoughts and feelings.

However, if the methods of departed teachers remain relevant, such as the 112 quintessential meditation techniques of Shiva, people will continue to employ them. And

by their love and gratitude, devotees keep the departed beloved forever alive in their hearts.

Unlike Buddha, Osho and other fully enlightened teachers whose souls have dissolved in the void of God-the-beyond, the soul of Jesus does still exist; his story calls for one last life in which he will become fully enlightened.

Many Christians feel and believe that Jesus Christ is alive and is helping them to connect with God. Love is a powerful and tremendously healing force.

When devotees understand deeply that God is all there ever is and that prophets, gurus and other people are equally divine, they will take their personal connection to Jesus and other departed teachers a little less seriously.

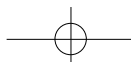
Jesus is a very influential spiritual figure in the world today, but he is just one of several venerated founders of religions who are all equally revered, empowered with divine attributes and deified by followers.

God has a reason for appearing to empower Jesus and other teachers with the ability to save and transform: to perpetuate the sectarianism that divides religions in the age of darkness. Teachers and followers who say their way is the only way are clearly agents of division.

In reality God is the only power. Only God can save the world and your soul. Only God can reveal Unity to us.

Maitreya is the messenger for Unity; many people will come to God and find freedom through Maitreya. Just ask him to help you connect to God in awareness and love, and something will happen.

This is not because Maitreya has any power separate from the power of the One. This does not mean Maitreya



is the only way to know God and should be deified; it just means Source is using him as a human bridge to help people connect with the formless mystery of God-the-beyond. Yet there is no need to build your house on the bridge and become attached to it as the only way to God.

Unity invites you to cross over the bridge of human teachers and to merge with God directly. Those who are able to connect directly with God in love and awareness may feel they have less need of a human bridge.

Unity also supports everyone's freedom to connect in love with any teacher. Being in satsang and living with an enlightened teacher is the fastest way to grow in love and awareness. Satsang communities offer optimum support for rapid and sustainable spiritual growth.

Now it is time to understand these divine messages of Unity. They are not Maitreya's teaching but a message from God revealing His ways.

Unity is not a new religion that competes with the old religions. Unity has a far more challenging mandate: to provide the rational framework required to integrate and harmonize all existing spiritual approaches and religions.

Understanding the nondual message of Unity is of vital importance for every lover of truth; this understanding supports conscious surrender to reality as a reflection of divine will. The unifying way forward for humanity is in conscious surrender to life-as-God.

Conscious surrender to life-as-God ushers in freedom from suffering, and ecstatic reunion with the Beloved in the divine wonder and bliss of awakening.

God is Omnipotent

We are ripe for a radical transformation of religion into a rational and realistic understanding that rests on the fact of God's omnipotence. Life is God's manifesto. Whatever occurs is, without exception, a reflection of divine will.

Christianity and most religions rely on unverifiable and often irrational beliefs to interpret their version of God's will. Lucifer and the fallen angels are believed to be fighting with God for control of heaven and Earth.

However, God is truly omnipotent. He is in full control of all events and entities, including the fictitious devil and his legion of fallen angels.

This book is an introduction to Unity, the religion of the third millennium. Unity allows lovers of Jesus to enjoy their connection to that beautiful son of God.

Unity supports everyone's right to worship, meditate and praise God in the way they choose. Unity gives us a rational and reality-based context for surrender to the will of God: everything that occurs is a reflection of divine will.

Unity is the only way that humans can agree on God's will and bring an end to the dualistic divisions and conflicts that have desecrated religion and brought suffering to humanity for millennia.

One Power

Q. Ascribing to God and making Him responsible for any actions of darkness on the part of humankind is the worst kind of dissemination of falsehood.

Humanity is responsible for the misanthropy that soaks the history of this planet. Isn't teaching that we are pawns in some kind of game of division that God is playing a perpetuation of that darkness?

A. Your thinking is deeply dualistic, as is most theistic cosmology. Only when we have gained a full appreciation of God as the nondual power animating all existence, can we come to trust Him, in His omnipotence, to manage every detail of human life. How can we ever trust in God if He is not totally in charge?

Your question reveals where your blind spot lies. It is in the translation of the oneness of God into real life. You talk of oneness but are actually inclined towards a dualistic point of view in which humans, through the application of free will, have separate power from God.

Yet God is the one and only power and humans are animated by God whispering in our hearts and minds. If we had free will that was out of God's control, He would no longer be truly omnipotent.

If human behaviour remains under God's control, He is ultimately responsible for our behaviour, and free will and human responsibility are necessary but illusory concepts.

God requires everyone to learn personal responsibility as the essential foundation for the higher understanding

of divine responsibility. We must become accountable and responsible to develop our individual potential - and to make civilization work. Trust in God but tie your camel first.

Your dualistic ideas are not only inaccurate, they are the foundation for much of humanity's present division, conflict, separation and suffering.

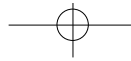
Only in recognising the oneness of God's power can we trust Him and let go in sublime surrender to His will - as it manifests each moment in every human action, and through the functioning of all existence. And only in the deepest surrender can we consciously merge again with Him in oneness.

Existence is God's manifesto. Whatever happens is His will. Humans are not really separate from God as your ideas imply; every soul is already God in hiding.

Now I understand why you believe in free will: you have a strong dualistic predilection. Hence it is not surprising that you have not yet understood fully the implications of advaita, the nondual insight of ancient India. But you will understand nonduality when the time for it comes and God allows you to understand that He is all there is, and that every event is His will.

Advaita (literally, not two) rests on the core enlightened experience of conscious oneness. When this enlightened experience is extended in logic the conclusion reached is that consciousness is all there is, both as the substratum of life and human existence, and as the essential nature of God-the-beyond.

Certainly people are helped by their connection to



Jesus. But God is just using Christ as a messenger. God can and does change His messengers as He requires. Christ will appear to have power to help people only as long as the divine story requires and God allows this to be so.

I am grateful to be challenged by such a passionate and articulate champion of dualism; the challenge helps prepare me for the unifying work that is to come.

Fortunately, anyone's dualistic mind-set can easily be changed when God requires it. And only through a miraculous changing of all our minds to a full appreciation of the indivisible oneness of divine power, will Unity become possible.



Divine Delight

Q. Does God allow us to make mistakes so that we can learn from them?

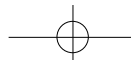
A. God has already created every detail of everything, so the question of allowing or of not allowing particular events, including mistakes, to occur is moot. God fully savours the predestined unfolding of His creation, as the eternal cosmic witness of it all. He also experiences every event in the lives of all the six billion souls on Earth through each one of us. God is with you always.

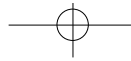
Q. My question is this: what was it that occurred that brought you to the point of recognising that you are no longer in control of your actions?

Was it something akin to the recognition that you were never in control, or that you surrendered the free will you did have because doing God's will became the premier desire of your whole being?

That's a key difference. Because a concept of God that presumes that we were never in control implies a God who did not create the option of choice. Which allows us - out of our love for Him and out of the recognition of the supremacy of surrendering - to offer the only gift that we really have: the surrendering of ourselves to Him and His business.

A. We have no individual power to surrender to God or to do anything else. Our individual power and free will is





illusory; our lives are all totally animated by the One.

What occurred to me was the deep recognition that God is all there is, and only God-the-beyond has free will. In 1993 the veil of my illusion of having free will parted with the direct understanding of advaita, the nondual.

The illusion of having free will dissolved altogether with the first stage of enlightenment in 1995.

If you had the power to surrender, your ego-doer would survive in having achieved surrender. Surrender happens through the functioning of divine grace, as do all events.

God creates the illusion of free will to contrast the deeper reality of surrender with its vital prerequisite: the experience of choosing to be the best that you can be.

Free will is a divine hypnosis that appears to empower humans to meditate or murder, resist or surrender, make bombs or babies et cetera.

This hypnosis is absolutely essential for without it we would all live in automatic surrender, which would remove the essential contrast of ego development, choosing, intention, identification and suffering that create the context for our enlightenment. Contrast is essential for depth.

And in reality we have nothing to give God that He did not already give us. We cannot surrender because, in fact, we are powerless to initiate anything at all. Yet our experience of and belief in free will is so unconscious that it is difficult to investigate the erroneous belief objectively.

However there is only God, God disguised as you, me and everyone, enjoying the play of hide and seek, and hypnotising us with the maya of separation and duality.

The experience of separation gives life depth. And the

primary reason God created us with a dualistic mind that has a deep belief in free will, is to create depth and contrast through separation preceding reunion.

Human free will is illusory. God's will is always done. We choose, think and do whatever God's will requires, while believing that we are the chooser, thinker and doer.

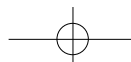
I have been relieved of the divine hypnosis of free will. Since 1997 I have lived each moment with the direct experience of God animating my every thought, word and deed. I know that God asks these questions through you so He can explain His ways through me.

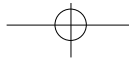
His monistic divine power animates us all. He animates every human mind and programs it with dualistic beliefs. God also manages your enlightenment and conscious reunion with Him when the time is right.

Q. Are you saying that God is watching His creation unfold, while knowing everything in advance that will happen? Then where is the divine game? Or what kind of divine game could it be? Where is the delight of experiencing the unknown if everything is as He has set it up?

A. The delight is in the translation of the blueprint into material manifestation. The actual experiencing of His creation unfolding is extremely satisfying to God. He loves to experience your story as you, and my story as me, and all six billion of us simultaneously.

For humanity, the future story is always unknown; God experiences that mystery with us. God also remains the transcendental witness to it all.





And He never delays or speeds up a soul's journey. He created the entire blueprint for the journey at exactly the perfect speed before the soul was born.

The story is already written. However, extraordinary shifts do occur that appear to be divine intervention - because humans cannot conceive how the Earth and all souls could be rapidly transformed by any other means. But even the miraculous events that soon will radically change all of our lives are, in fact, predestined to occur.

Q. Does God wait to see how our choices, stumblings and our longings work together to bring us to the point of surrender?

A. God is fully savouring the inexorable evolution of all our stories within the impeccable context of the law of balance. Any random action by anyone would change the extremely complex matrix of interconnected human evolution. Random actions do not occur.

The law of balance is one reason why the blueprint for the story is created in advance - it is the best way to ensure perfect balance of all energy exchanges. God does not whimsically override the blueprint with a new twist to the plot. God preprograms the entire existence in His cosmic mind - a realm far beyond space, time and matter. He has no need to manipulate matter directly.

God knows His ultimate reality is the impersonal void of non-existence, and this knowledge tallies with my own experience and with the experience of fully enlightened meditators from Shiva to Buddha to Osho.

Q. These enlightened individuals were meditating within an Eastern context of understanding, and were already oriented toward the void being the ultimate. Pointing to these Eastern individuals is not enough to be convincing.

A. The recent shift of Eastern wisdom to the West fulfils an ancient Tibetan prediction. However enlightenment has been essentially an Indian and Eastern phenomenon since the dawn of civilization.

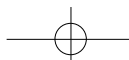
The ultimate reality of God, the transcendent source of existence, lies beyond the material realm. God the Father of Jesus is not a person. But God does create all people and He creates a personality for Himself when He contacts someone directly.

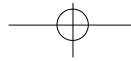
The impersonal nature of God's ultimate reality may be unpalatable to some, yet every buddha has verified this reality experientially. The fact that thousands of buddhas from different traditions have said much the same thing for millennia is very convincing.

Full enlightenment reveals a non-conceptual glimpse of God's ultimate mystery. The highest reality of God is the mystery of non-existence, the eternal void of awareness.

The concept of non-existence is just an indication of that arcane realm, like a finger pointing to the moon. We cannot understand God's ultimate reality conceptually.

God is both transcendental to the universe and immanent in all that exists. God-the-beyond is the source of life-as-God. We can know life-as-God. This is our direct experience every moment of every day.



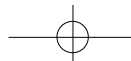


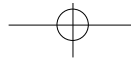
My work as a divine messenger involves sharing some of God's ways. His way of Unity requires many different perspectives to be included, integrated and harmonized. Discussion and rational dissent are invited and welcome.

I have, however, verified the transformative aspects of these transmissions both with the application of reason and with direct experience. The challenge for you also is to verify the transformative potency of this message with reason and direct experience.

The hypothesis is: God is all there is and I am part of Him. When you feel this divine reunion deep within your heart, you will be free of separation forever.

God is all there is and you are ultimately that which you seek. But do not believe this or any spiritual concept until you know - both by the application of reason and by direct experience.





Join Me Here

I understand your dualistic point of view; it is a familiar position that is shared by many unenlightened theists. And unenlightened they will remain until their destined time of surrender arrives.

Surrender cannot be a doing of any kind, for the doer that surrenders, or offers love to God, is in fact the subtle spiritual ego. This unconscious doer is disguised as a psychological identity called 'me' that is programmed into every human mind; it is the problem, not the solution.

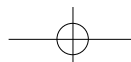
Surrender is actually everyone's situation from birth. We are already one in God, and just need to recognize this experientially. This monistic recognition is the primary transformative thrust of advaita; monism also provides a rational framework for your journey of rediscovery.

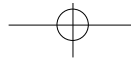
Advaita's potency was demonstrated to me the first time I heard it from Ramesh Balsekar in Bombay in 1993. I met him alone for two or three hours and asked all of the questions to which I had been unable to find answers.

His fast, conscious mind soon started to pull me into the understanding I had been missing for many lives. Within a short time a dramatic shift in consciousness occurred as my spiritual ego let go in deep recognition of its illusory claim to be some kind of doer.

My ego had lived in a subtle identification with being an impassioned seeker of freedom, and was identified with being a meditator, one who was ready to stake his life for enlightenment.

After millennia of living as an individual doer, the penny





finally dropped. The satori consumed my whole system; the mind and heart became silent, conscious and extremely blissful. I was filled with divine light and love. Grace showered for three months as a result of this deep understanding of reality.

When God made verbal contact with me in June 1997, He confirmed the accuracy of advaita, and also revealed its limitation - unverified belief in the truth. He taught me how to use advaita's capacity to neutralize the subtle sense of individual doership, the spiritual ego of seekers I meet in satsang.

The divine energy that comes through me works a miraculous transformation in the hearts and minds of friends in satsang. We sit together in love and awareness, while advaita's potent understanding takes root, deepens and finally flowers into awakening.

An effective and transformative spiritual conversation cannot easily be carried out in writing. In order for me to highlight effectively your spiritual ego's survival strategy, instant feedback is required. Satsang (being in truth) provides energetic immersion in the love and consciousness that God shares through me.

Your ego survives in the illusion of being an individual doer of some kind. And it will continue to survive in this illusion until surrender happens.

Your ideas are essentially dualistic; they are barriers to the freedom of oneness. The question is: How long are you destined to live in the illusion of being an individual doer in "seeking the Father's will"?

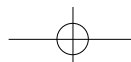
You assume that His will is something other than the

reality of His creation, something other than the reality of your own situation. In fact, His will is always being done, for He is the one and only power that animates the stars and oceans, you, me and all souls.

He thinks in your mind, feels in your heart and moves your body as He requires. He pretends to be you as He animates every detail of your life.

He programs you with the illusion of free will to create the separation and suffering that must contrast reunion and surrender.

I too enjoy our exchanges. I also enjoy freedom from the illusion of individual doership and the oneness in God that is enlightenment. Won't you join me here?



Epilogue

Unity Book One is an introduction to God's vision for a transformative new religion for the third millennium and beyond. The shared understanding of Unity is more comprehensively detailed in Books Two and Three.

Unity is a holistic vision that provides a rational context for a just and conscious civilization. Soon a great change will bring heaven to Earth and transform every soul into a seeker of truth.

This shift from conflict, violence and injustice to peace, love, abundance and justice is difficult to conceive. The mysterious ways of God and His reasons for managing this wondrous shift are explored in greater depth in the following two books of Unity.

Soon God will reveal Himself as the one and only power that animates the entire existence. He thinks in you, feels in you and moves your body. He is with you always. He is you.

This miraculous divine revelation will herald the age of freedom, justice and peace on Earth. Spiritual and material life will be integrated and will find expression in a just and conscious civilization.

Humanity is destined to evolve rapidly. We will become beautiful, conscious and peaceful lovers of life-as-God. We are the meek who inherit the Earth.

Shared Understanding

Our materialistic society is driven to a large extent by greed for more wealth in the affluent countries, and by a struggle for basics in the rest of the world.

The present economic system is deeply flawed, yet as the gap between rich and poor countries and people continues to widen, no viable alternative to the injustices of corporate capitalism is in sight.

The shared understanding of Unity is that deep down we are One and that whatever we do to others is done also to ourselves. We are the world.

All humans have a natural sense of self-interest that will keep this shared understanding healthy and free from hypocritical morality.

One of God's greatest interests lies in keeping perfect and detailed accounts of all human interactions. The ancient law of karma provides us with a rational basis for ethical behaviour based on self-interest, not sanctimony.

The law of karma is simple: your actions return to you in equal measure. If you hurt any creature, even a small bird or fish that you eat, its pain will be suffered by you also. When you are helpful to others, you will receive support to the same extent. The more you share, the more you will receive. And sharing has an additional benefit in that it also feels good immediately.

Understanding the law of karma reveals that ethical behaviour is in your own self-interest and thus eliminates the need for less effective systems of morality.

Both sanctimonious morality and selfishness can be

transcended with a rational shared understanding based on self-interest. The understanding that we are One supports a transformation of social and spiritual life.

The law of karma is the only morality we need to live in peace, respect and harmony with one another, free from injustice and exploitation. Living in tune with the ancient law of karma will help to bring justice to our wounded world of today.

A fair and balanced egalitarian economy that embraces both the efficiency and competition of capitalism, and a more equal distribution of wealth, is destined to replace our present unjust and failing economic system.

One model is for everyone to be an equal shareholder in all the assets of the world. Companies would still need to be efficient to survive and would continue to compete, but there would be equal ownership of all the world's resources by everyone.

The functioning of the efficient egalitarian economy and the wide-ranging raft of policies, agreements and details required to create it will be revealed as required.

Many of our political and business leaders are being prepared for their vital roles in planning and implementing the new economy. The dawn of a caring, conscious and just civilization is at hand.

Consciousness is God

For many lives Osho was my only beloved master. In this life, I lived with him from 1975 until his death in 1990. I was deeply influenced by his pantheistic perspective and agreed with his view that the god of paternalistic religions is a fiction.

It was not until meeting Ramesh Balsekar in 1993 that I understood the monistic sophistication of advaita and its impersonal theistic implications.

Advaita literally means not two. Advaita rests on the enlightened experience of conscious oneness. From this foundation reason takes over and culminates in a holistic theistic cosmology.

Many spiritual teachers do not follow the understanding of advaita to its theistic conclusion. Meditation teachers are often pantheistic and follow teachings which posit that existence is either self-created or that it is eternal.

However, this message from Source reveals that only God-the-beyond is eternal and uncreated, and that God creates existence from His ultimate reality of the void of non-existence. Source is the transcendent designer and creator of existence.

Advaita and modern science support this message from God. Science knows that the universe had a beginning and thus has not existed forever.

Advaita rests on the discovery made by every buddha that the source of mind and body is consciousness. Since humans are the most complex creation of which we know, it is reasonable to conclude that other less complex

creations also originate from consciousness.

Consciousness is all there is - both as the phenomenal existence and its arcane unmanifest source, the realm of non-existence, the womb of creation.

The source of existence, God-the-beyond, is the power and intelligence that designs, creates, sustains and ultimately destroys all the manifestations of existence.

God-the-beyond is the unmanifest aspect of the Whole; existence and all creations are the manifest aspect of the Whole.

God or consciousness is all there is, both as the eternal void of non-existence, consciousness-at-rest, and as the manifest existence, consciousness-in-motion.

Buddhas and rocks are both made from the same core reality of consciousness-at-rest, but they differ in degrees of density and refinement.

God is eternal and uncreated. It is impossible for the human mind to understand how this can be so. Yet the void has no designer or creator, no beginning and no end. God is the ultimate mystery, and will remain so until you leave the body and soul for the last time and dissolve in His eternal beyond forever.

I know this not just from reason and by enlightened experience, but also from direct divine revelation. God-the-beyond contacted me verbally in June 1997 while the second stage of enlightenment was devouring me with its awesome intensity and beauty.

Since that time, divine consciousness has been using me every day to speak for It. Source has demonstrated Its power and intelligence to me repeatedly in an amazing

variety of ways.

My beloved master, Osho, was right in saying there is no person or father in the sky called God. But now I know that God-the-beyond does exist as the eternal source of existence: consciousness-at-rest.

And this mysterious divine consciousness is using me to share some of its secrets with you through these words that I am transcribing.



Discipline and Advaita

I teach advaita as the context for all ego-based effort; in this teaching seekers experiment with the marriage of the ancient antagonists: advaita and meditation.

Spiritual growth requires effort and discipline as the essential precursors to the conscious let-go into the flow of Now that is the transformative application of advaita.

Surrender in immature seekers who have not developed the positive aspects of the ego is likely to involve limitation, inertia and unconsciousness.

Conscious surrender to life is possible only for those who have grown in consciousness through the discipline of remaining aware in all situations.

This vital preparation for surrender requires that the ego attempts to live each moment with awareness, until consciousness has grown sufficiently to remain aware spontaneously.

Before surrender is actually possible, the seeker's ego must make every effort to live more consciously, and must achieve some success in this endeavour.

For those seekers who have not passed through the discipline of choosing to be more conscious, the invitation of advaita to let life live you will have less helpful results.

In reality there is only divine will managing every detail of existence, including every individual ego. Before divine will reveals itself as the only real doer, totality of effort is required to live each moment more consciously.

Understanding this insight helps seekers avoid the limitations of meditation-based approaches (the burden of

ego) and of advaita-based teachings (lethargy and the delusions of unverified belief).

Advaita-based teachings that are unsupported by the discipline of conscious living and being leave seekers confused - and prone to decorating their egos with unverified absolutist beliefs.

The antidote to this affliction is to make every possible effort to grow in consciousness while remembering that life is a manifestation of divine will. Even your individual ego, which requires positive development through effort and discipline, is just a reflection of the only power there is: the power of the One.

This understanding allows you to practice the discipline of meditation while remembering that all life experiences are part of the predestined unfolding of divine will.

The apparent contradiction between the approaches of ego development and conscious surrender dissolves as the soul ripens; you understand that both approaches are different levels of reality occurring at the same time.

The marriage of advaita and meditation supports your effort to live each moment as consciously as possible²⁸⁶ -while remembering that your successes and failures are not in your hands. Every aspect of your unique individuality is a just a play of the One.

Multidimensionality

There are two fundamental paths to freedom: love and devotion are the female ways of the heart; awareness and clarity are the male ways of the warrior of truth.

Every seeker has access to both love and awareness; the balance of these divine qualities varies according to your temperament and gender. My way was primarily the path of awareness, but now the ecstasy of divine love has also flowered.

For those on the path of love it is important to understand that nondual awareness is the uncreated reality from which love and all existence are created.

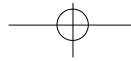
Awareness is the source of love. God is first and fundamentally awareness. Yet He is also love, intelligence and playfulness. Love, playfulness and every divine aspect except intelligent awareness exist only while existence is manifest. God-as-awareness is also the transcendental unmanifest realm of non-existence.

Before and after the universe exists, God has always been and always will be the uncreated eternal mystery of the void. This void of creation is knowable only to God.

Existence and every soul is created by consciousness of consciousness, and fundamentally is consciousness. When the implications of this nonduality are understood and lived, surrender and divine love will certainly follow.

Surrender is essential for both approaches. Surrender can be an expression of love and devotion; this emotional form of surrender is unstable as feelings change.

Surrender is also a deep acceptance of reality: each



moment of life must be as it is until it changes. This pragmatic form of surrender is a method that can be applied at any time by anyone who remembers: things must be like this now. Surrender to life-as-God will follow.

Love is an experience that seems to come and go. Consciousness is the experiencer of love and is aware of the coming and going of love. But it is not possible for love to be aware of consciousness.

This limitation of love is no problem when your love is flowering; love is the sweetest human experience. But everyone knows that the experience of love comes and goes. The knower of all experience is awareness.

Awareness also appears to come and go in seekers, but awareness is not an experience like love; awareness is the context in which all experience occurs.

When meditators watch their inner world closely they discover that all experiences, including the fulfilment of love, are transitory. Awareness exists beyond love but love cannot exist without awareness. Awareness is the eternal realm of God's ultimate reality.

Jesus' statement that 'God is love' seems more human and attractive to many devotional seekers than 'God is awareness'.

But love exists only while existence is manifest. When all of existence disappears back into the Absolute - the void of non-existence - love exists only in potentiality.

The witness is aware of the coming and going of love. This stability of the witness makes it the essential key to freedom. You can witness whatever experience you are having, including the absence of love. As awareness

grows the witness becomes strong and inescapable; it starts to embrace you in its secret and blissful heart of hearts.

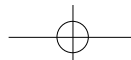
Seekers on the path of love and devotion also require grounding in awareness to provide the transcendence and stability that come only from the witness.

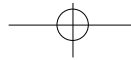
Every soul is an expression of divine consciousness. The soul's individuality provides the distinctions required for the drama of life to unfold; the appearance of separation is a prerequisite for all interaction in the dance of life.

We are multidimensional beings with separate bodies, minds and souls. At the level of consciousness, however, we are all part of the eternal One, God-the-beyond.

This underlying oneness is revealed more and more as we grow slowly but inexorably in awareness and love. With the flowering of enlightenment, oneness becomes your everyday experience of divine life - in the ecstasy of freedom from yourself.

The purpose of life after enlightenment is to enjoy the wonder of oneness, love and bliss - and to be helpful to friends who are still suffering.





Transcending the Mind

Consciousness is the core reality, the substratum that abides eternal at the source of mind and of all manifest phenomena.

The human mind is a sophisticated creation that is programmed by divine consciousness to function within limited parameters. The mind does not have the capacity to know its own source.

Mind spins the illusory web of maya that filters and interprets all experience. The human mind is addicted to concepts and dreams and cannot know the true nature of consciousness. The lower cannot know the higher.

Hence skilful teachers insist that consciousness can be known only by non-conceptual immersion in its silent mystery. Exploring any concept brings you back into the limited realm of mind where legions of dreamers languish in illusion and suffering for lives - thinking about consciousness.

The way to know silent consciousness is to merge with it in no-mind. You have been a dreamer for many lives, following the seductive pull of mind into its endless labyrinths. There is no fruit down that dead-end path. The fruits of freedom are not so readily available.

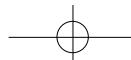
Freedom requires a total commitment to no-mind, an unequivocal renunciation of conceptual addiction. One day you will be given the longing and ability to transcend your mind and to know what you really are.

Such transcendence is not just a semi-blissful state on the edge of Being. Transcendence is an exhilarating

journey that requires the conscious surrender of the ego-mind to its arcane source - transcendental awareness.

Only the ultimate mystery of God-the-beyond is eternal. Your soul is born and thus will die. When a fully enlightened buddha leaves the body for the last time, the soul dissolves in mahaparanirvana - God's ultimate mystery where all trace of individuality disappears forever.

Transcending the limitations of mind is not possible for dreamers who are addicted to concepts and intellectual abstractions - only to warriors and lovers of truth who are ready to merge with the ecstatic fire of Now.



Inner Science

My work with friends in satsang is grounded in the inner science of experiential verification. I encourage everyone to become an inner scientist and to use my experience and teaching as a hypothesis that must be verified empirically in their own inner laboratory.

My written work is more complex as it is essentially a message from God sharing His ways. Yet the main thrust of the writing is transformative, and I have verified this most important aspect of the books with my experience.

There are invitations throughout the books to remain open to the possibility that the cosmic knowledge shared in them is accurate.

An equal emphasis is given to the fact that no human, not even a prophet or buddha, has ever had the capacity to verify all of the cosmic knowledge that they teach. I am no exception.

What I do know from a deep study of the message that comes through me is that it makes sense. I have not been able to find any part of it that is obviously inaccurate, or that can be disproved by spiritual experience or reason. Many teachings and channelled messages I have seen do not appear to share this luxury.

I invite you to accept the challenge to leave unverified beliefs behind and to become a seeker of truth with a single hypothesis to verify: God is all there is and I am part of Him.

The Whole Takes Care

The big picture is in the hands of the Whole. We try our best and leave the outcome to God. We can only do what is humanly possible. In fact, even what is humanly possible is also completely in the hands of the Whole. Every criminal is as equally in the hands of God as every buddha. God is the author of evil as well as good.

Younger souls are programmed with a predilection for conflict, greed and ignorance. Older souls are more sensitive and are programmed by Source to endeavour to grow in consciousness, and to help create a better, more compassionate world.

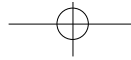
Understanding this deceptively simple model of how all humans function is a useful support to your experiential quest for freedom.

A little reflection on demographic trends reveals that as the minority of more conscious people continue with their gradual spiritual evolution, large numbers of new, less conscious souls arrive each day.

Population growth explains many present problems: in the last 70 years the population has increased from two billion to six billion. This means that a majority of Earth's denizens are new, less conscious people.

More conscious souls make up only about ten percent of the population, approximately six hundred million older souls. Of these 600 million souls, only about 60 million are committed to rapid spiritual growth.

By 2050 the world's population is expected to rise to nine billion. The three billion new arrivals will be young,



An Integrated Understanding

There are two ancient and antagonistic approaches to spiritual growth: the gradual methods of meditation and self-improvement, and the direct way of advaita: 'you are that which you seek'. Unity integrates these approaches and views them not as contradictory methods, but as complementary stages of spiritual growth.

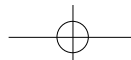
The overlap of these symbiotic stages of growth occurs naturally as individual awareness expands and merges with the universal consciousness of God-the-beyond.

Gradual methods require a concerted effort to develop your human potential to become positive and conscious. You attempt to make positive, conscious choices and be the best that you can be, while realizing that the outcome of your endeavour is ultimately not in your hands.

Be total in this stage with any system that suits you. There are a variety of effective methods to choose from; experiment and see what works for you. The time-proven method is meditation: witnessing with equanimity.

As you become more responsible and positive you will be pulled towards the transformative essence of advaita: conscious surrender to reality, or life-as-God.

Unity's integrated approach avoids two of the major traps on the journey home to freedom. One trap is the belief that positive intention and effort alone can bring enlightenment. The other trap lies in the unverified beliefs that seduce unripe advaitins into lethargy by asserting that there is nothing to do, or that they are already enlightened and just have to remember it.



Speaking from his own experience, Osho sometimes said that enlightenment was only a matter of remembering. To those rare souls like Osho who have been awakened in previous lives, remembrance is more relevant than it is to the majority of seekers who clearly cannot remember what they have not previously known.

Those who mimic their previously awakened teacher's experience, and believe they are already enlightened but have somehow forgotten it, are missing the point that enlightenment is the deep merger of an individual soul with the divine light of universal consciousness.

Believing you are already enlightened is both inaccurate and unhelpful for seekers of truth. Transformation is far more arduous than changing beliefs; nothing less than total transformation will provoke genuine awakening.

There is no other doer than the indivisible power of the One, but your individual energy must also reach its full positive potential before the flowering of surrender has real meaning and depth.

Freedom comes from merging with consciousness on its terms, not from decorating the prison of your mind with positive attitudes, nor by the application of methods that support the survival of the ego-doer in a spiritual guise.

The integrated multidimensional approach we use in our New Zealand centre does all of the following:

a) Explores effective techniques for developing positive attitudes towards yourself and others. It is necessary to evolve from a negative mind to a positive mind before the jump to no-mind can occur. Be grateful for each moment of life. Practice kindness and non-violence.

b) Emphasises the vital need for work to develop your creativity and self-esteem, and to balance your material needs with your practical contribution.

c) Supports emotional and energetic healing by working with authenticity, catharsis and therapy.

d) Works with neutralizing negative judgments and unhelpful beliefs, and emphasizes the intrinsic limitation of all unverified beliefs.

e) Persuades you to accept reality as it is and to work towards becoming a lover of reality.

f) Encourages song, dance and celebration of life.

g) Develops and maintains good health through diet, exercise, yoga and other healing methods.

h) Includes training in self-enquiry techniques, both as a therapeutic release of ego identification and, even more crucially, as a deeper exploration of who or what you are beyond the phenomenal realms of the body, mind and soul: universal awareness.

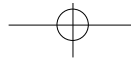
i) And most importantly teaches you the three stages of meditation:

1) Learning how to sit silently and watch the movie of your body, mind, emotions and energy with equanimity.

2) Acquiring the knack of resting consciously in the gap of silence between thoughts.

3) Resting effortlessly in the source of consciousness, the transcendental witness.

With the skilful egoless guidance and energetic support of an enlightened teacher, the synthesis of meditation, self-improvement, surrender, advaita and self-enquiry is the fastest sustainable method of spiritual growth.



For devotees and lovers who need to merge with a more personal aspect of God, witnessing is equally as essential; it stabilizes and grounds the ecstasy of devotion in the stillness of the silent Beloved.

The witness is the secret heart of hearts of the Beloved that awaits your rediscovery. Witnessing leads to divine reunion; this eternal light of consciousness is both where you come from and what you really are.

Witnessing gives access to the only divine aspect that will always be with you, and is you, behind all the transitory experiences of your heart and mind.

Spiritual growth requires consciousness to continually transcend itself, and witnessing is the basic method of transcendence that has ignited the flame of freedom in thousands of passionate seekers for millennia.

As your thoughts gradually slow down and you open more and more to the divine light of the witness, many miracles occur that cannot happen by directly cultivating positive attitudes, by changing beliefs, nor indeed by the use of any technique.

The egoless purity of the witness is your direct divine connection. As you learn to trust life more and to witness its unfolding without clinging or rejecting, the miracle of the divine light that you really are comes dancing.

This experience of dissolving in divine light opens you up to another dimension that is far beyond the unverified beliefs of less rigorous advaitists and beyond the positive but unstable attitudes that are cultivated by a variety of well-meant teachings.

Methods that work within the context of the mind

always leave the ego subtly intact. Witnessing involves no manipulation of experience and thus does not perpetuate the ego-doer. Witnessing means being consciously with the unfolding of life as it happens, by being in a state of passive awareness with an attitude of acceptance .

Witnessing leads to conscious surrender and finally to genuine awakening; it is the primary method of Shiva, Buddha, Osho and thousands of liberated souls.

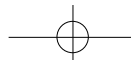
When witnessing is used in combination with Ramana Maharshi's potent method of liberation (self-enquiry) and within the context of advaita (consciousness is all there is and I am part of That) the results are even more powerfully transformative.

The witness is reliable and will remain with you as you pass through the dark night of the soul that precedes almost every genuine awakening. The witness will be with you as your heart opens and merges with the love of God. The witness is the divine light and cosmic bridge that allows humans to connect directly with Source.

Beyond all experiences, the witness is the eternal light of God, always waiting for your destined time to open more consciously to it, to merge with it and finally to disappear in it forever.

Witnessing is the most fundamental method because the witness continues to grow and expand till you leave the body for the last time and the individual soul dissolves forever in the ultimate ecstasy of mahaparanirvana.

Now there is no individual existence of any kind; you exist as the mystery that is God-the-beyond. You have become the eternal nondual consciousness of the void.



Maitreya's Story

Maitreya Ishwara is a divine messenger. Maitreya's sense of independent functioning has been replaced with direct divine animation so that he can be used as a clear channel for messages from the One. Source is the author of every word Maitreya writes.

These transmissions herald the time of great change, the transition from darkness to light. This book contains many new ideas for you. You are invited to apply your intelligence to understand how existence is structured and how it functions as a reflection of divine will. Intellectual understanding is no substitute for direct experience, but it does help somewhat in providing a rational framework for your experiential odyssey of self-discovery.

This book is deceptively simple, yet there are layers and layers to understand with your mind, heart and being. It is best read sequentially; the second half of the book rests on the first. A single reading will not reveal all of its secrets. God-the-beyond is giving you this information to share His ways and thus help deepen your trust.

Maitreya's quest for truth began in 1971. On 1 January 1991, after a five-year detour into hedonism, Maitreya got his wake-up call. Interest in the outer world evaporated and the pull inside took over. He was a little surprised to be suddenly total in spiritual growth, especially since it was happening without any ego-based effort or discipline.

He did dynamic meditation every morning and participated in hypnosis trainings and therapy groups for six months. Witnessing started to happen effortlessly and

spontaneously. In July 1991 he began intensive meditation with Shambu in Ibiza. Maitreya had never even seen another master in his 16 years with Osho, other than one day spent with J. Krishnamurti in Ojai, yet the silence of Shambu pulled him like a moth to the flame.

Three months of intensive meditation and powerful initiations prepared him for meeting Poonjaji in Lucknow. During the fourth satsang, on 26 October 1991, the first satori happened with the help of Poonjaji's energy and with single-pointed enquiry into the source of mind.

The satori lasted for four months. The main difference between a satori and enlightenment is duration. While a satori lasts, you experience a taste of truth. But the return of the ego was a major disturbance and surprise. The dive from bliss to fear is deep and excruciatingly painful.

The disturbance continued for 20 months, a long dark night of suffering. Yet the fading memory of the satori kept pulling him back to the eternal fire of Now, which slowly but inexorably burned off the shroud of fear.

After a long period of deep meditation, the veil parted again. On 26 October 1993 in Bombay, Maitreya met Ramesh Balsekar and the second satori occurred during an intense verbal exchange about advaita. Again this beautiful taste of freedom faded after three months, but this time no fear or darkness returned.

Now the pull to make freedom permanent consumed Maitreya. He witnessed life with equanimity, knowing well that only the intense fire of silent awareness could help.

Following a further two years of meditation and silent retreat in the Himalayas with Samdarshi and Baba, the

ego finally dissolved. On 26 October 1995 in Byron Bay there was a huge jerk in the belly as the psychic knot of the ego separated from him and dissolved in divine light.

Maitreya had been fooled twice by satoris that lasted for months and seemed to be genuine awakening. This time he kept quiet about his experience; he wanted to see if his enlightenment was really permanent.

Meditation continued with expanding consciousness, love and bliss for another twenty months till the third-eye explosion in Dharamsala on 10 June 1997.

With this penultimate opening came an unexpected miracle for an agnostic meditator: direct verbal contact with Source, the first stage of God-realization.

Finally Maitreya was convinced that enlightenment was permanent. The third-eye opening had nearly melted his nervous system with tremendous love, awareness and bliss; the intensity of the ecstasy was almost too much to contain. And the awesome divine consciousness of the void was sharing its cosmic knowledge; his questions were answered and many secret mysteries revealed.

On 23 June 1997 in Delhi there was a more subtle and exquisite miracle as the crown chakra, the thousand-petalled lotus, opened completely. The opening of the seventh chakra brought full enlightenment and revealed the indescribable ecstasy and awareness of non-Being, nirvana, transcendence of the light of the witness and the extinction of all seeds of desire.

The second stage of God-realization came at the same time and Maitreya merged more deeply with Source. His experience of functioning independently was over; he just

watched as God managed every aspect of his life.

The third stage of God-realization happened on 6 July 1997 in Hamburg. Now there was no sense of separation from the One and Maitreya merged forever into Source.

This seven-year process of transformation has allowed Maitreya to understand and integrate all the stages gradually. The integration of the last explosions and openings took just sixteen months, a remarkably short time to assimilate such dramatic changes.

Now Maitreya is fulfilling his destiny as a messenger of Source. He has lost all sense of independent volition and functions only as an instrument of God.

This book is authored by Source. Maitreya transcribes the messages and he is guided in editing and refining the text. He is continually amazed at the quality of the spiritual information that comes through him. It is a profound message of individual and global transformation.

Beloveds, your awakening is not in your hands. When your destined time of freedom arrives, God will manage everything for you, as He did for Maitreya and everyone else who has found liberation. This book can help to prepare you for that ultimate date with destiny.

The ecstatic fire of Now awaits you. Get ready to leave your attachment to the dreams and illusions of the mind and merge with the One in conscious Beingness. Only in this divine dissolution of the dreaming mind is it possible to transcend suffering and know who you really are - the silent and blissful consciousness of Now.

Prologue

God and religion have been brought into disrepute by millennia of myopic chauvinism and conflict. Religious fundamentalists of all types plague the spiritual world with their divisive and contradictory dogmas. The more fanatical elements fight holy wars in the name of their distorted interpretation of God and religion.

The foundation for most religions is fervent, unverified belief in scriptures that are often irrational. Hence, many sensitive and intelligent seekers of truth have abandoned the orthodox religions and have embraced more effective methods of spiritual growth.

Yet the eclectic new-age movement is also fraught with unverified and contradictory beliefs. All teachers have different understandings that they share with followers.

This message is a unique gift from the intelligence that creates existence. Its purpose is to give us the blueprint for a religion of Unity that embraces the transformative essence of all traditions in a rational holistic context.

The first step is to redeem the concepts of religion and God from the disrepute that distort their true beauty and meaning. Religion is rigorous spiritual enquiry and growth in love and awareness, not fervent belief in unverified dogma.

God is not a father in the sky, nor just the impersonal functioning of consciousness. He is both transcendental, the beyond - and omnipresent, or immanent in all that exists. The essential nature of God is monistic, or one principle of indivisible consciousness.

The transmissions shared in this book are authored by God-the-beyond, the transcendental aspect of the One.

God-the-beyond is the source of existence, or Source - the void of eternal uncreated intelligent consciousness. The void is beyond space and time; it has no form and contains the potentiality for all creations in every realm of existence. God is all there ever is.

The unknowable mystery of God-the-beyond is reflected in His creation of existence. Everything that exists is made of and by the mysterious power and intelligence of the One. Existence is created, animated and sustained by the indivisible power of Source.

Existence is God's manifesto. Every detail of the entire universe and of all existence, including the microscopic functioning of every atom, is preprogrammed by Source.

The universe is made from the divine consciousness that is God's ultimate reality. The universe is created from and is permeated by the ultimate reality that is God-the-beyond or consciousness-at-rest. The universe is known as God as existence or consciousness-in-motion.

One day the universe will return to the void, the cosmic womb of creation. After a prolonged period of divine rest another universe is born. This cycle of creation and destruction of an infinite number of universes continues for eternity.

Foreword

Unity embraces the elemental truth of all religions including the teachings of Buddha, Shiva, Jesus, Moses, Krishna, Mohammed and Lao-Tzu.

Unity is the all-inclusive religion of the third millennium. It synthesizes the essence of all spiritual approaches, but it is not a conformity to unverified dogma. Unity is based in pluralism: it acknowledges that every soul is unique and that no two people agree on everything. Unity is flexible, respectful of differences and totally life-affirmative.

A shared understanding abides at the heart of Unity: God is truly and totally omnipotent. Without exception, reality always reflects divine will.

Two secondary principles support the application of Unity: Advaita is the ancient understanding of nonduality or oneness. Zorba the Buddha is Osho's conscious celebration of spirituality.

No human can bring Unity to Earth; that is the work of God, the beyond. Source used Osho to revitalize the ancient meditation techniques of Shiva and to share his vision of Zorba the Buddha. Now God is using Maitreya to integrate and unify the essence of all religions and to highlight effective systems of transformation.

Unity celebrates God's prolific creativity and embraces all the different expressions of divine intelligence. Unity is God's vision for the new dawn of consciousness that is poised to unfold.

This Message

Unity's message has four distinct aspects: predictions for the future that only time will validate; cosmic knowledge that we can neither verify nor disprove; conceptual knowledge that can be understood by applying reason; and most importantly, methods of individual transformation that must be validated through direct experience.

Enjoy the first two aspects as a good story that may be true. Develop an accurate conceptual understanding and remember: only non-conceptual direct experience of truth promotes spiritual growth.

Life is innately intelligent and every awakened being lives in conscious oneness. Thus it is reasonable to conclude that the source of life is intelligent consciousness.

This insight is enough to allow you to trust Source. When you trust Source to manage your growth and take care of you now and in the future, your neurotic worries disappear. But you will still be practical as God will guide you intuitively in all your worldly and spiritual endeavours. You can trust God's infinite power and intelligence to take better care of you than your illusory ego and limited mind.

Source is giving you all this information so that your trust is deepened by knowledge and understanding. This message rests on trust in God. Without total trust, surrender will not happen, and surrender is the door to freedom.

These words are all to the point. This message is not intended to be poetic; it is direct, clear and precise. We have plenty of beautiful poets already. What is missing is the simple truth.

The Nature of Reality

The ultimate reality is the eternal void. God-the-beyond is the omnipotent and omniscient void of non-Being that contains the potentiality for all creations. Source is intelligent awareness without form and with the power to create all forms.

Source cannot be known by these words nor by any other intellectual understanding. Your mind is capable only of conceiving in the realm of space-time. God is the beyond, the mystery, and is sometimes referred to as 'That' - just an indication. 'That' is a mystery to all humans until they leave the body and soul for the last time and merge totally with Source again. Buddha, Shiva, Lao Tzu and all other departed fully enlightened beings exist only as 'That'. They have no trace of any individuality left.

Many devotees project their love and imagination on to disembodied masters and are given visions and messages from them. This convinces devotees that their teacher still has some individual power. God created this illusion to help perpetuate the separation of religions that is part of the Kali Yuga, the present age of division, confusion and violence.

All teachers and gurus are channels for divine energy, but they have no individual power, only the appearance of it. This helps to perpetuate the illusion of separation - my teacher is better than yours.

The basic nature of reality is that God is the only power. He creates all souls and the universe from His ultimate, or absolute, reality of the void and controls all events totally.

Most people feel they have free will to choose. They are befooled by maya's hypnotic spell. God programs you with an ego and mind that appear to have free will. The truth is that you are a sophisticated and sensitive programmed organism, an instrument of God.

God has determined every thought, action and choice you will make. Understanding this allows your ego to relax. The outcome is surrender to the will of God, and conscious surrender is the door to enlightenment.

Personal responsibility is a positive ego trip. It is necessary for all social and practical matters. The first stage of growth is to develop the ego's responsible, creative and positive potential. But personal responsibility is not useful for the second stage of spiritual growth which requires surrender to each moment of life-as-God.

God is fully responsible for every detail of everything. He creates every detail of existence exactly as He wants, including every abomination you can imagine. There is no devil sabotaging His work. God is all good and all evil.

Planet Earth is the setting for the human drama of evolution to unfold. You are centre stage in the universe and God's main interest is you. He loves to experience your soul's evolution from unconscious ignorance to its penultimate flowering of consciousness in full enlightenment.

Ultimately you are God. But you will not experience this until your soul has totally dissolved in mahaparanirvana and has merged with the eternal consciousness of the void. Then no trace of individuality of any kind will remain; you will exist only as Source. This way, God remains forever the eternal mystery of the beyond.

Men and Women

Feminist ideas have helped both sexes evolve from old stereotypes of male and female roles. These ideas have been very helpful in empowering women and bringing more sensitivity to men.

In developed countries, many women are dynamic, free, assertive and enjoy equal opportunity, but sometimes the price they pay is high.

For social and political freedom, some feminists sacrifice their connection to the goddess. The goddess is female love, beauty, mystery, sensuality, sensitivity, intuition, grace and the esoteric power of the white witch.

Radical feminism was needed to balance the unfair, male-dominated, patriarchal world of the past. Now the pendulum is finding the middle ground and the radical version of feminism can take a back seat.

Political equality and social freedom are every woman's birthright, and women can have it all when the goddess is valued as the primary female archetype. Without the liberating power of the goddess, radical feminism can be an empty victory that leaves women frustrated and confused.

Most men are destined to become spiritual warriors. They must develop their essential male qualities of thirst for spiritual truth, clarity, freedom and awareness.

Feminism has helped men to be more considerate and sensitive to women's needs, and has connected men to the more vulnerable female aspects of their nature.

Feminism has also created a less polarized and there-

fore less dynamic balance of male and female energies. Men must retain and strengthen their positive male qualities in order to create the dynamic dance of opposites that is the real satisfaction in intimate relationships.

If these positive male energies are sacrificed at the altar of feminism the consequences can be emasculation and lukewarm relationships. Men must develop courage and clarity and value freedom above all else.

For spiritual men, freedom is a higher value than love. Thirst for truth has priority over any relationship. Spiritual men can enjoy fully the wonderful delights of intimacy, yet freedom must remain their first priority.

Before we are healed of old wounds, conflicts will arise in all love relationships. Female emotions are wild. Men are often out of their depth in the emotional arena as women can express their feelings much more easily. This leads to male defensiveness and dishonesty: best not to upset her with the truth; the price is emotional drama.

Once honesty is lost the relationship starts to decline. Men need the courage to be totally authentic whatever the result. When a man is open and honest, the woman starts to respect and trust him; she understands that his priorities are different from hers. If relationships remain a man's main priority, he may be limited by the primacy of intimacy and love in the female world.

Honesty, openness and conscious connecting create the foundation for a healthy relationship. Women who understand and support their man's inner journey also enjoy the fruits of intimacy.

Living in tune with the energies of the goddess and the

warrior of truth is natural and satisfying for women and men. These natural energies do not change with political fashions.

When a woman lives the energy of the goddess and a man is a warrior of truth, their authenticity and freedom make a fully dynamic and loving relationship possible.

Powerful Initiations

Every soul takes many lives to awaken. In each new body the nervous system has to expand gradually to accommodate the intense energy required for awakening. This process cannot be rushed without incurring risks.

Overloading the nervous system with direct inputs of energy from an enlightened teacher through powerful initiations will feel good initially and may lead to a satori. But eventually there will be a negative reaction as the long-term effects of the overload create disturbances.

The problems will be proportionate to the initial gains: the greater the positive input, the greater the disturbance. Months may pass before any negative reaction ensues. In my case the reaction occurred six months after powerful initiations had triggered a long satori. Twenty months of disturbance followed three months of love and bliss.

The desire for very rapid awakening is natural; it is also unrealistic. It is unwise for teachers to introduce intense inputs of energy directly into a seeker's nervous system. The long-term risks outweigh the short-term benefits.

A Divine Temple

Consumption of animal products has a major negative impact on humans and the environment. Little can be done about such barbarity while most people are ignorant of the harmful effects of eating animal products, and while the murder of animals is condoned by society.

Health is largely a reflection of diet; you are what you eat. Recent research verifies that cancer, heart problems and degenerative diseases are linked directly to an excessive intake of animal products and junk food. We are eating ourselves to slow and painful deaths.

We have no nutritional need to eat animals; this is an unnecessary murder of innocent creatures. Soon we will cease all violence towards sentient creatures; we will live in harmony with nature and with our true needs.

We will look back with disbelief at our present epidemic of self-inflicted disease, and we will shudder at our unnecessary cruelty to innocent creatures. All animals, not just human animals, have a right to freedom from violence and abuse.

An organic vegan wholefood diet is healthy for humans; it obviates the killing of animals and the squandering of water, crops, land and other vital resources that are used in raising livestock.

Veganism will allow the Earth to sustain six to ten billion people with high-quality nutrition without harming the Earth or any creature; veganism is the diet for the new dawn. Your body is a divine temple. Now it is time to start treating it as such.

Inner Tantra

Sex and intimacy are important issues for seekers of truth and freedom. Sexual energy is fundamental; it can be transformed into higher consciousness, used to procreate or it can just be enjoyed for itself.

Traditional spiritual teachers often recommend celibacy to focus seekers on their inner world and prevent energy loss from sex. When the time is right, celibacy can lend vital support to spiritual growth.

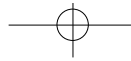
When celibacy is enforced on those who have not had sufficient sexual experience and who are not spiritually and psychologically mature, serious problems can arise. The negative aspects of enforced celibacy include loss of intelligence, repression and perversion.

Tantra uses conscious sex energy to help with spiritual growth. Tantra is a nourishing and healing part of the spiritual journey; everyone can benefit from tantric exercises.

They teach you how to remain relaxed, open and connected with your partner while sexually aroused, and how to use sexual energy to become more conscious. Tantra brings awareness into the deep unconsciousness of sex; old wounds are healed by enjoying conscious, open and connected tantric experiences.

Tantric exercises, however, rarely transform sex energy into enlightenment. The transformation of sex energy into higher consciousness is a big undertaking; it requires a strong commitment, and the work is different for men and women.

For men who are approaching enlightenment, celibacy



is usually best; they need the sex energy to help raise their kundalini energy to the higher chakras, and to penetrate the unconscious mind with awareness.

Women who are close to awakening can become enlightened through tantra but they require a partner who is more conscious than they are.

For younger seekers, sex can be enjoyed with intimacy as a natural energy. Full tantric commitment is best undertaken by more mature seekers who have had experience with sex and intimacy, and are psychologically and emotionally ready for the tantric experiment.

There are many techniques and exercises to help bring awareness into sex, but they don't help much unless you have already cultivated awareness with meditation. The first step is to develop awareness by meditating alone, and to understand that tantra is a form of meditation.

In tantra, the sex energy is aroused only slightly. After you are connected, most excitement is dropped. You sit or lie silently together with open eyes; talking can activate the mind and is not required. Communicate through your eyes, body and energy. Consciously open your senses.

Now with love and awareness you merge with your partner's energy. Connecting this way in awareness and love opens new channels for energy to move.

This is transformative tantric meditation, but it is still not usually the optimum for men preparing for enlightenment; they often need celibacy and aloneness.

Men and women in the first stage of awakening may be celibate, as they need the sex energy to help the opening to the next level - if that is destined to happen soon.

Second-stage men and women sometimes enjoy sex, as do fully enlightened men and women. Now the spiritual journey is over and the kundalini has done its work in opening the crown chakra.

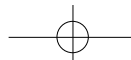
Buddhas are fully aware and are loose and natural with sex. However, they often remain celibate because the grosser energy of sex brings them into the physical body, and they are already enjoying a more refined ecstasy.

Enlightened ones enjoy the ultimate inner tantra, the penetration of love by awareness, and the embracing of awareness by love.

For those approaching liberation, inner tantra is a vital transcendence of the primary polarities of yin and yang and, ultimately, of all polarities.

By remaining celibate and practising inner tantra, ripe seekers bring their energy to a peak. As the energy builds and is channelled into the inner reunification of love and consciousness, the focused energy creates the optimum conditions for awakening to occur.

Sex is natural and fun. Enjoy this divine gift as totally and consciously as possible until the time comes for the commitment to inner tantra.



Advaita Vedanta

Advaita or nonduality is the highest flowering of Indian spiritual philosophy; it is the quintessential mystical understanding. Advaita is as far as the intellect and concepts can go in the direction of truth. After advaita, not much more can be said.

The core advaita insight is: consciousness is all there is, therefore I am That which I seek. Advaita recognizes that there is one primordial source to all life; therefore all of existence is made from that source, and that source is God, or consciousness-at-rest. Without an understanding of advaita, spirituality remains confused and dualistic.

The leaders of the philosophical school of Advaita Vedanta are some of the most sophisticated intellectuals of India, an ancient mystical land where an evolved and conscious civilization once flourished.

Advaita's problem lies in its application. Bridging the chasm between nondual logic and direct experience is the challenge that advaitins often fall short on.

Many advaitins attempt to gloss over the separate reality of the body and material world with concepts about oneness and nonduality. Sometimes they insist that they don't exist as individuals in a material world. The absurdity of this belief reflects the limitations of logic.

The material world does exist and is essential to create the experience of separation. A buddha is hungry in his belly, not yours.

Advaita's problem dissolves with a dose of pragmatic authenticity. Understanding that reality is multidimension-

al relieves advaitins of their misguided beliefs about the functional aspect of being human.

Direct experience of the absolute realm of non-Being is available only to those few souls who have access to the seventh body of God. Such fully enlightened people are rare; about a dozen are alive today.

Even they cannot stay in that arcane realm for very long and, when they return to a functional state of consciousness, they experience themselves as embodied awareness again.

My direct experience is always that God is the only doer in me. My body, brain and nervous system are totally in His hands. I have no trace of personal volition at all. Yet I exist mostly in an embodied reality where my body is apparently separate from other bodies.

This separation of bodies is absolutely necessary for the leela, the divine play, to have meaning and intensity.

When I dissolve in non-Being, there is no trace of anyone to claim: 'I am That', or even to think anything at all. When I return from non-Being, just the fragrance of that total dissolution lingers around me for a while. Then I exist as embodied awareness again.

This dance ensures that the mystery that is God always remains mysterious. No one can articulate the subtlety of non-Being, since all sense of Being dissolves and there is no one present to remember the dissolution.

Clinging to absolute concepts about truth is not helpful; it limits you. There is no need to dress up your reality with absolutist jargon. The relative world of matter is also real; it exists as the first body, or realm of God. The universe is

transitory; it is born and is destined to die; yet it is the fundamental reality in which we live. Denying the reality of the world leads to subtle anti-life attitudes.

Only the absolute realm of God is eternal. In this sense only the absolute realm is real. But every realm of God is real in the sense that it exists and is made from His ultimate reality: the uncreated eternal void of awareness, or consciousness-at-rest.

Beloved advaitins, you are on the right track: advaita is the truth. Just remain true to your own experience. There is no need to decorate your experience with limiting absolutist concepts about your non-existence.

It is better to be pragmatic. You can verify that you are embodied consciousness and that God is the only doer. This frees you from ego burden and allows you to play your part in life without denying the reality of the world.

God's creation of existence is complex. Understanding its multidimensional complexity deepens the experience of being embodied consciousness.

God's vision for the new dawn of civilization includes work, meditation and celebration within the context of advaita's understanding: consciousness is all there is, therefore I am ultimately That which I seek.

The application of advaita is much more transformative than the repetition of absolutist beliefs; the application of advaita leads to freedom from ego through conscious surrender: Not my will, but Thy will be done.

Western teachers are coming into their time. They bring a fresh vitality to the ancient wisdom of India and the East.

Zorba the Buddha

Politics endeavours to change society for the better but the process is largely unsuccessful because the individual remains unconscious. Society is the sum of its parts; its will continue to fail until each individual becomes more conscious.

Authentic religion, the way of personal transformation, starts with individuals and brings light into the darkness of their unconsciousness.

In the past, mystics would often work on their growth in consciousness by withdrawing from society and staying focused on their inner world .

The new dawn calls for a full integration of society and spiritual development. The basis for this integration is in the synergy of Zorba and Buddha.

Zorba the Buddha is the new man, a meeting of West and East, of celebration and meditation. Zorba is passion for life and all its positive worldly pleasures. Buddha is transcendental awareness.

By allowing Zorba to play and create, Buddha is built on solid ground. When the time arrives for introversion, Zorba has drunk his last drop of wine. There is no conflict of interest.

I Am That I Am

Spiritual teachers expound a variety of cosmologies. Buddha says nirvana is the ultimate; Shiva says eternal presence is the ultimate. Jesus says my Father and I are one.

Now is the time for the whole truth to be told: the void is aware of itself. The void is uncreated unlimited intelligent awareness; it is the source of existence. Existence comes out of the void and goes back into the void. The void is God-the-beyond.

The void is the nothingness of Buddha, the eternal presence of Shiva and the Father of Jesus. God's declaration to Moses: 'I Am That I Am', springs from the eternal essence of the void.

The void contains the potentiality for all future universes. This infinite power of God-the-beyond is known as consciousness-at-rest or Source. Existence is known as consciousness-in-motion or life-as-God; both aspects are part of a unified whole. Non-Being and Being are one.

All events are predestined by the ultimate intelligence of the void. Even the ego, the agent of separation itself, is a play of divine consciousness that dissolves when the time is right. Enlightenment is the destiny of every soul and the time and place of your awakening is preordained.

Your life is divinely scripted, like a movie waiting to be played. All your reservations were made by the infinite intelligence of the void before your soul existed.

Esoteric Science

Chakras are energy centres based in the human nervous system. There are seven major chakras that serve as doorways and connection points to the seven bodies or realms of God. The seven bodies or realms of God relate to the seven chakras in the following ways:

- 1) First body - the physical body. The first chakra is involved with sex, food and survival.
- 2) Second body - the emotional body expands with positive emotion beyond the physical body. The second chakra is involved with emotion, relating and sexual intimacy.
- 3) Third body - the astral body. The third body gives access to the astral realm in hyper space-time. The third chakra is involved with power, creativity and intelligence.
- 4) Fourth body - the mental or psychic body expands and merges with the fifth body in deep meditation. The fourth body transcends space-time and allows access to subtle psychic realms. The fourth chakra is involved with the heart and unconditional love.
- 5) Fifth body - the spiritual heart - is the Being, or the Self. The fifth body is the first stage of awakening, the realm of bodhisattvas. It is unlimited by space-time and is fully revealed when the ego dissolves. The fifth chakra is involved with sharing.
- 6) Sixth body - the cosmic body is re-

vealed when the Being is transcended. It connects to non-Being. The sixth body transcends Being and is the bridge to non-Being. It is the realm of buddhas. The sixth chakra is the third eye, the cosmic centre of consciousness and witnessing.

7) Seventh body - nothingness, the ultimate beyond, the inconceivable. The seventh body is the void of non-existence, nirvana; it can be accessed by fully enlightened buddhas. Sahasra, the seventh chakra, reveals the exquisite bliss of the thousand-petalled lotus.

Most helpful for spiritual growth is the expansion of the third and fourth bodies. The third body grows through taking responsibility for your reality, being total in your effort, and by creative, dynamic endeavours of all kinds.

Without a healthy third body, seekers remain immature and can easily misunderstand advaita-based teachings. A healthy third body provides the vital foundation for the let-go of the doer and access to the fourth body.

With its vast potential for expansion, the fourth body is activated positively by awareness and love. It is the bridge from the individual ego to universal Being. In pure unconditional love and deep meditation the fourth body connects to the fifth, and a glimpse of the Being or Self is revealed.

The fifth, sixth and seventh bodies are revealed fully after the ego has dissolved in enlightenment.

For most women, the Being is more easily entered through the heart. Love is usually the main door to the

fifth body for women. The heart chakra is generally more active in women than men. For most women love is God.

When a woman expands in love her ego dissolves. For most women almost everything happens through the spiritual heart, the Being, the fifth body. With time the spiritual heart reveals more mysteries.

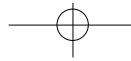
In conscious devotion to the divine the spiritual heart opens again and Being is transcended. The door to non-Being opens. In the final opening non-Being devours the woman and only fully conscious love remains.

For most men the path of awareness is more natural. Meditation expands the fourth body and opens the door to the fifth. For most men the fifth body opens with awareness, the sixth body opens with awareness and the seventh body opens with awareness.

Enlightenment is a literal description of the sixth-body opening to the intense cosmic light of the witness. It is a huge challenge for the nervous system to contain this intensity. The way of awareness can be a more arduous journey than the path of love.

The ultimate result is the same for men and women: dissolution of the lust for life. This is called nirvana, extinction of the seeds of desire, where even the light of the witness is transcended in the arcane realm of non-Being.

This map is not the same as your unique inner world; it is however an accurate indicator of human potential and your capacity for spiritual growth.



A Woman's Heart

The female way to freedom is through the heart. A woman's heart is opened and penetrated by God; purification of the heart is essential.

Your heart is connected to the fourth chakra, anahata, and also to the fifth body, the spiritual heart. For most women, awakening is in the spiritual heart. The heart opens and opens and opens. This opening is surrender in love to the divine.

For divine love to penetrate and purify the heart, space is needed. Relationships keep you busy and thus less available to the divine.

Attachment to anyone is a barrier to unconditional love. Your attachments take you out of unconditional love and into the contraction and pain of jealousy.

All teachers and lovers are gateways to the divine; pass through them and let them go. The divine is waiting for you on the other side of the gate.

God is needed for most women; the Beloved can only be the divine. Give God space; let go of your attachments and allow Him to purify your heart. Face God alone. In your naked need of man, God comes as a fresh flower of pure unconditional love.



Advaita

Advaita is the philosophy that comes closest to articulating the ultimate nondual truth; it is as far as the intellect can go. Advaita is the quintessential spiritual understanding and says: consciousness is all there is. Existence and its mysterious source are one unified consciousness.

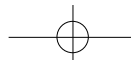
Consciousness-in-motion is existence; consciousness-at-rest is Source. The universe is created from and by the mysterious consciousness of Source.

Advaita is both monistic and impersonally theistic, and takes the view that everything is composed of one indivisible divine principle. The substratum of all creations is consciousness; we are one in divine consciousness. God is all there is.

In contrast to the impersonal theism of advaita, many Indian teachers are pantheistic and do not believe in the existence of a transcendental God.

In order to compound the confusion of the Kali Yuga, God has blocked many teachers from resonating with the impersonal theistic aspect of advaita.

All enlightened teachers have an intuitive knowledge of advaita, although not all of them can articulate its refined subtlety.



Love Vibration

Love is the female aspect of God. Love is essentially a vibration; it is both the greatest pleasure and the ultimate experience of oneness that is available to most people.

Love is the connecting force in existence. Love's fullest flowering is in the heart of love, the spiritual heart, the Being or fifth body.

Awakened ones enjoy the love vibration up to the fifth body; the sixth and seventh bodies transcend love. The sixth is pure awareness and the seventh is the void of non-Being.

Devotion Frees

Shiva says: Devotion frees. Devotion means that the Beloved comes first, and the Beloved can only be the divine. God-the-beyond has no form and all forms are His creation.

The mystery of God as the beyond is unknowable by any human; God can be known through this creation. Life is God and its source is God. God is all that exists in all realms. The one and only power is God.

When you see God in everyone's eyes you are free. You are already part of the Beloved; your apparent sense of separation is just a play of God. One day you will wake up. And laugh!

Gate Gate Paragate

'Gate Gate Paragate, Parasamgate, Bodhi Svaha!'

Prajna Paramita is the great transcendent mantra; it is also called the great bright mantra, the supreme mantra, the unsurpassable.

The esoteric meaning of the mantra relates to the three stages of enlightenment. This commentary is given to celebrate Osho's enlightenment day.

Gate, gate means: Gone, gone - gone from suffering to liberation. This is the first stage of enlightenment. Ego is transcended and you merge with the Being in the fifth body. Being is so vast, so beautiful, such love and bliss, and still there is much more.

Paragate means: Gone beyond - gone all the way to the other shore. In the second stage of enlightenment Being is transcended and your individual soul merges with Paramatman, the sixth body.

The sixth body is pure awareness, the cosmic witness with no trace of thought. Many mystics remain at this stage with the complete opening of the third eye.

Parasamgate indicates: The ultimate liberation, full enlightenment, the seventh body of Source where even the cosmic fire of the witness is transcended.

On 21 March 1953, Osho passed through all three stages of enlightenment in one night.

'Bodhi Svaha!' What an awakening!

Enlightenment

Direct spiritual experience transcends the mind and cannot be accurately communicated: the truth cannot be spoken. Words and concepts are but pale indicators of immense and unspeakable mysteries - until you know what they mean from direct experience.

The concept of enlightenment is ambiguous. When enlightenment actually happens, however, it is a dramatic event that is far from a mere concept.

Enlightenment has three stages. The first stage is the permanent merging of your soul with the fifth body, a jump out of ego into Being. Most souls live at least one life in the first stage of awakening.

In the second stage the third eye opens and reveals the potent awareness of the witness. Enlightenment quite literally happens. You are consumed by the awesome light of the sixth body, the Cosmic Being or witness.

The last stage is the seventh body, nirvana, extinction of the seeds of desire and transcendence of the witness. It requires the full opening of the seventh chakra, the thousand-petalled lotus. Now all lust for life has gone forever.

After the seventh body is mahaparanirvana, beyond the great ultimate enlightenment, when you leave a body for the last time and your soul disappears back to Source forever.

These words are just concepts; they are fingers pointing to the moon. Your empirical verification is required.

The Absolute and Relative

Some seekers are confused about the application of their spiritual knowledge. The key to clarity is to apply reason and stick to your direct personal experience.

All spiritual knowledge that you have collected is borrowed, unless you have verified it with experience. Ask yourself: What do I really know? The less baggage you carry the faster you can travel.

Become an inner scientist with a primary hypothesis to verify by your direct experience and applied intelligence: Consciousness is all there is; I am not separate from That. The negation helps free you from a subtle trap of ego. The positive version: 'I am That', or 'I am God' often leaves the ego alive and claiming to be free.

We live in the relative world of matter. The world is not unreal; rather, reality is multidimensional. There is no need to deny the reality of the relative world and cling to the Absolute as the only reality. The relative is where we are human and enjoy the fruits of life. The Absolute is wholly known only to Source.

Fully enlightened ones have a glimpse of the Absolute in the seventh realm of non-Being, the highest human experience. Even they cannot adequately describe the subtlety of that refined awareness.

Destiny, Free Will and Responsibility

Destiny, free will and responsibility are central themes of Unity. Nonduality means that God exists both as the transcendental creator of existence, and as life-as-God.

The nondual understanding that God is all there is, both as Source and as existence, supports clarity on destiny, free will and responsibility.

Buddha says freedom from suffering is the goal and that you must take responsibility for your life and strive for liberation. Buddha is pantheistic; he says that God exists as impersonal consciousness. But Buddha has no direct personal experience of God as a transcendental creator. Many Indian gurus follow Buddha's pantheism.

Friedrich Nietzsche says God is dead. Osho agrees that the God of theistic religions is redundant. Buddha, Nietzsche and Osho are mistaken.

Responsibility is needed only to develop the creative, positive aspect of your ego. Naturally you are not responsible for the world; you are just a small part of it. You cannot be responsible for your enlightenment; you do not know what it is and your ego cannot undo itself.

Responsibility for your growth is essential up to the third body. From the the fourth to the fifth body, the jump from ego to Being happens only in surrender.

An inaccurate belief in free will is programed into every ego. Free will is useful for manifesting and developing the ego. But God is the only power there is and He thinks and chooses through your heart and mind.

Destiny is the the inescapable divine law. Krishna's un-

derstanding is perfect. Krishna counsels Arjuna that he must fulfil his destiny and fight in the great Mahabharat war that destroyed the previous Sat Yuga, the last age of enlightenment.

We are all animated and powered by divine consciousness. You are already part of the One. When you trust that your life is totally in the hands of infinite intelligence, you are more relaxed and suffer less ego burden.

God is revealing the truth of His ways to celebrate the end of the conflict and confusion of the Kali Yuga; the time of trepidation and turmoil will soon be history.

Peace on Earth

Unity is an idea whose time has finally come. The end of division and conflict is at hand. We are destined to be reunited with God in love and to embrace the way of Unity, God's vision for the third millennium and beyond.

Unity has only one hypothesis to verify: God is all there is and I am part of Him. No belief is needed.

Unity opens up the possibility for all violence to cease. Unity means everyone is valued as a friend of God. Unity heralds the age of enlightenment and the way of spiritual maturity; it brings peace and justice to Earth.

Beloveds, the Kali Yuga is drawing to a climactic close. We have passed through a long dark night of ignorance. Soon we enter the Sat Yuga, the age of truth and unity.

Tantra

Tantra means technique; it is the way to transform sex energy into love and meditation. Tantra originates with Shiva, as do most methods of meditation.

The Vigyan Bhairav Tantra is Shiva's gift to humanity. It contains 112 techniques of meditation that are the base of most other methods. Many of Shiva's techniques focus on the transformation of sex into love and awareness.

Shiva is sitting in a deep embrace with Shakti, his divine consort. Shakti is also an avatar. She asks Shiva: What is your reality Lord? Shiva uses her question to delineate his 112 methods of meditation.

The methods that are used to transform sex into love and meditation are best practised by people with a strong base in awareness. To stay aware in sex usually requires training in meditation. It is almost impossible for untrained people to use tantra without getting lost in hedonism. And to stay fully aware in sex is possible only for enlightened ones. Tantra is a double-edged sword; the danger is that it can be used to rationalize indulgence.

Authentic tantra is transformative. It requires discipline, awareness and a willingness to let go, to surrender your ego to the flow of life. These qualities distinguish a tantrika from a hedonist.

Sex is fun; there is no need to glorify it by calling it tantra. Enjoy sex till the time comes to make the commitment to tantra. Only then will you be able to know what Shiva is pointing to in the meditation methods that involve the transmutation of sexual energy into consciousness.

The Royal Way

Tantra is the royal way. Beyond technique, tantra is the way of surrender. It is the way of let-go, of trust. Tantra is a total 'yes' to life as it exists right now in you.

This is why tantra is not for beginners. New seekers are busy developing the creative and responsible aspects of the ego. Tantric meditation is possible only with the opening of the fourth body.

One difficulty with tantric sex is that fourth-body men often require all of their sex energy to penetrate the gap between thoughts with consciousness. For this inner penetration celibacy is usually most effective.

Yet fourth-body women can benefit tremendously from tantric sex. The problem lies in finding the right partner. Less aware men won't be able to help, and fourth-body men may not be interested. One solution is for awakened men to partner fourth-body women. Unions such as these can propel rapid transformation. But be aware that very rapid growth can prove difficult and disturbing.

With enlightened men there won't be any relationship dramas; they are not so inclined. The climate will be loose and natural, the royal way. Women will benefit from the awareness of their partners and the men can enjoy the experience and be helpful at the same time.

Tantra is transformative only with people who are ready for its demanding commitment to consciousness, the way of let-go, trust and surrender.

Choicelessness is Bliss

God's will is whatever happens. As simple as this may sound, it is fully understood by almost no one. When this understanding is consciously applied to every moment of life, you live in surrender.

Surrender is the way of intelligence, the Royal Way home. There is no other door to freedom from ego and suffering than conscious surrender.

The hypothesis that God, or the Whole, is the only power and doer provides vital succour for surrender to take root. And surrender always flowers into awakening when the time is right.

Surrender can happen after all strategies of the ego are exhausted. Buddha and Patanjali are spiritual warriors of this type; they use intense will power to make every effort in their quest for enlightenment.

Few meditators have the capacity of these lions of truth. For most seekers of truth, conscious surrender is both the means and the end.

We are conditioned by conventional wisdom and new-age approaches to choose or manifest a better future for ourselves. This first stage of growth is the domain of self-improvement; it is necessary to crystallize the ego's creative and positive potential, and to provide the essential foundation for the second stage: conscious surrender.

The more total you are in creating a positive reality, the better. But while that totality helps you to develop your human potential, it also reveals the limitations of manifesting. You may manifest almost anything, except the

one thing that matters - your awakening. Seekers who try to manifest enlightenment often end up with the booby prize, an enlightened ego that is positive but shaky.

Free will is a belief that Source has programed into you to create the appearance of separation and division. But God is truly omnipotent; it is not possible for anyone to actually have any will out of the control of God's will.

God is all there is. All the choices that you appear to make are actually made by God's indivisible power, through your heart and mind. Most new-age approaches miss this vital understanding; they believe in some sort of individual power to effect positive change - the illusory power of the ego.

Source creates you with the appearance of free will so that your life has meaning. Without belief in free will you would be in automatic surrender to God's will from birth. This would deprive you of the essential experience of separation from the Whole that creates the context for the ecstasy of your final reunion.

Scientific research indicates that your thoughts may not be yours. The human brain does not create thoughts; it only receives them from an unknown source. In reality, God thinks in you and disguises Himself as your ego. He is with you at all times. He is you. Verify this with totality.

Totality is the master key. Be total in the first stage: Manifesting, taking responsibility for yourself and trying to be the best that you can be. Meet life with an open heart. This heals many of your old wounds. Then be total in stage two: Conscious surrender to the will of God as it happens in you every moment. Choicelessness is bliss.

The Final Summary

All religions and systems of transformation are similar in essence. Advaita understands the unity of existence and its source through the medium of consciousness, the nondual undercurrent that permeates and animates the multiplicity of existence.

Jesus has an appealing message: God is love. His method for transformation is surrender to God. Thy Will Be Done. These four words are enough to transform you, if they are consciously applied to every moment of life.

Islamic and Sufi surrender to the will of God is similar to that of Christians and Jews. Surrender unites the theistic religions with a common core of agreement.

Once we reach a shared understanding that the will of God is whatever happens, we can also agree to accept reality as His testament. Reality as the will of God is the only workable basis for any durable consensus on divine will. Without this agreement divine will is vulnerable to misinterpretation by almost everyone and especially by orthodox priests with their tainted history of chauvinism.

Surrender to the will of God is fundamental to theistic religions. However, they have also invented the devil and empowered evil humans to sabotage God's work. This allows religions to divide and reject the parts of reality they don't like as the work of the devil or of bad people.

The fact that God would no longer be truly omnipotent if the devil or any person were out of His direct control appears to have escaped their comprehension.

God is truly omnipotent. He is the author of all evil as

well as all good. God is the only power there is. His will is always done. Once this is fully understood we have the basis for agreement on the only point that really unifies: conscious surrender and acceptance of life-as-God.

Many Buddhists and meditators live this understanding without any belief in God. The application of tathata or suchness is acceptance of each moment of life as it is.

No belief will help you to grow. Transformation requires trust in the perfection of Now and conscious acceptance of reality rather than clinging to unverified beliefs.

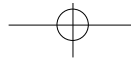
Most new-age groups believe in personal responsibility for spiritual growth and the state of the world. This ego burden is tempered by beliefs such as 'existence takes care' and by intensive training in acceptance of whatever life brings. These beliefs, however, are contradictory.

Most seekers will eventually accept reality and limit the extent of their personal responsibility. This pragmatic approach saves them from much of their ego burden. When seekers understand that God is truly omnipotent and leave the ultimate responsibility to Him, their burden of ego is significantly diminished.

To be free of their premature and unverified belief, 'I am That' believers need only shift to the more experiential and instantly verifiable, 'I am this moment of life'.

Each moment consciously encountered opens the secret door to the subtle mysteries of higher awareness.

Conscious surrender to the sacrament of each divine moment connects you directly to Source without any need for belief in God. This direct divine connection is the way of rapid growth.



The common factor for all groups and religions is the conscious recognition that 'things are like this now'. This includes all creative expression and the desire to make things better. Allowing the energy of Now to move you brings relief from your neurotic mind and is even efficient in completing the essentials of life.

For spiritual growth, the energy of the moment is all you need to follow. This energy pulls you into discipline, effort and let-go at exactly the right time. And things only ever change when the time is right.

India's misunderstanding of Krishna's law of destiny has culminated in the apathy and degeneration that now plague this once-great civilization. The application of God's vision of Unity is fully dynamic; it has nothing to do with India's fatalistic lethargy.

Personal responsibility lays the crucial foundation for transformative spirituality and for a harmonious, dynamic and creative society. The law of karma underpins personal accountability by ensuring that the fruits of your actions return to you in equal measure.

Practically, you act as if you are responsible for living in harmony with your neighbours, for keeping your agreements and for being the best that you can be. When difficulties arise they are settled by dialogue and conscious sharing until consensus is reached.

Spiritually, you understand that ultimately nothing is in your hands. By consciously allowing the energy of Now to guide you, while remembering that reality is a divine manifestation, you remain connected to life-as-God.

Everything is a play of Source. Remember this and

take yourself a little less seriously. You are perfect as you are right now for the needs of the present moment. Your evolution in consciousness is happening according to your divine destiny, whether you agree with this or not.

Viewed from the cosmic perspective of God, everything is perfect. He creates everything exactly as He wants it to be. There are no mistakes ever; you are perfect right now according to your present stage of development.

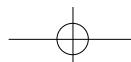
The law of balance requires every soul to have exactly equal negative and positive experiences. Your limitations are transitory and are destined to be transcended when the right moment comes.

The evolution of each soul is an epic journey. This allows Source to savour your release from suffering as you grow gradually but inexorably in consciousness.

Divine channels are needed to help you understand the ways of God and to lend vital energetic support and guidance for spiritual growth. Teachers are indispensable to highlight the subtle traps of the ego; treat your mentor with loving kindness and respect. Yet surrender is best offered to life-as-God, not as misguided submission to a spiritual teacher.

Soon all teachers will apply the understanding shared in this message from God as the unifying context for their individual approaches.

This message of Unity is rooted in diversity and pluralism; it is a vast tree of divine consciousness with infinite branches and leaves all coexisting and evolving harmoniously within God's new vision, the dawn of conscious civilization, which will soon reshape our world.



Buddhas of the New Dawn

The age of conflict, confusion and darkness is drawing to its tumultuous climax. The first rays of the rising sun are lighting your being with love, awareness and playfulness. The new dawn of Unity will soon reveal its hallowed time of love, peace, justice and harmony.

Deep in the hearts of loving, conscious and creative people is a longing to live in a world that supports these values. When the mystical power of God purifies planet Earth, you, the buddhas of the new dawn, will rejoice.

You are destined to lead the way forward; you are the vanguard of truth, the first to taste the fruits of freedom. You are the blessed ones who herald the new conscious civilization of the third millennium and beyond. You are the dearly beloved, the meek who inherit the Earth.

