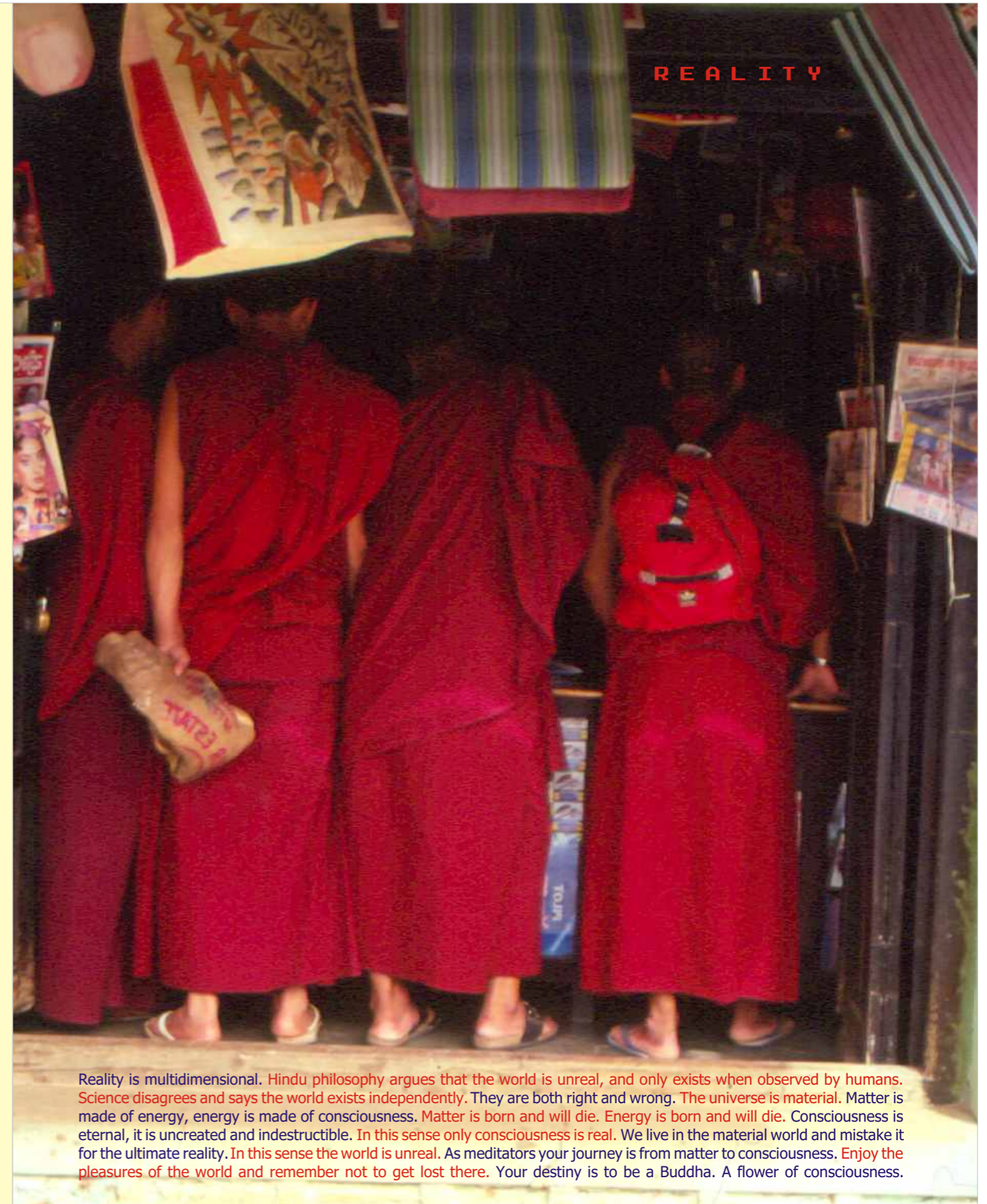


There is no escape from your karma. Every negative thought, word or action creates bad karma that is only balanced by your suffering. If you really understand this you stop hurting any creature immediately. **KARMA** Positive thoughts, words and actions only create good karma, they cannot pay for your negative actions. Existence is an echo of you. In that sense there is on world for each person. Your negative karma is mostly paid before enlightenment. Some remains with you until you leave the body for the last time. Many enlightened ones have body problems from previous karma and pay with their health. Never be discouraged by suffering, the sooner you go through it the better. There is an end to it. And be alert. Your negativity hurts you most.



Reality is multidimensional. Hindu philosophy argues that the world is unreal, and only exists when observed by humans. Science disagrees and says the world exists independently. They are both right and wrong. The universe is material. Matter is made of energy, energy is made of consciousness. Matter is born and will die. Energy is born and will die. Consciousness is eternal, it is uncreated and indestructible. In this sense only consciousness is real. We live in the material world and mistake it for the ultimate reality. In this sense the world is unreal. As meditators your journey is from matter to consciousness. Enjoy the pleasures of the world and remember not to get lost there. Your destiny is to be a Buddha. A flower of consciousness.